

### choose a little, choose a lot (AVAILABLE MONDAY—FRIDAY 6:00A-9:30A)

BOTH BREAKFAST TABLES INCLUDE A SELECTION OF FRESH BREAKFAST JUICES AND MILK, FRESHLY BREWED STARBUCKS® COFFEE AND ASSORTED TAZO® TEAS.

continental breakfast table // fresh seasonal fruits, selection of yogurts, 10.95 cereal favorites, granola, fresh bakery selections, bagels with cream cheese

hot breakfast table // in addition to our continental breakfast table selections,
enjoy scrambled eggs, smoked bacon, country sausage, breakfast potatoes and
cooked-to-order pancakes, waffles, cheese omelet and French toast (please order with your server)

## energize your day

berry and yogurt parfait // layered with flaxseeds and all-natural granola 2 10

steel cut oatmeal // sun-dried raisin and cinnamon pecan compote 2 9 6 smoothie of the day // blended with soy milk 2 8

## early favorites

white chocolate cherry french toast // berry compote, maple syrup + candied pecans 12
buttermilk pancakes // fresh berry compote, warm maple syrup, whipped butter 11
eggs your way\* // 2 eggs, golden hash brown potatoes , choice of bacon, ham 13.50 ◆
or sausage and choice of toast
chef's omelet // three eggs packed with cured ham, sautéed sweet onions, aged 14.50
Swiss and cheddar served with crisp golden hash brown potatoes and choice of toast

#### power up

egg white and spinach omelet // folded with sautéed onions and low-fat cheddar cheese with mini tomato and arugula salad

huevos rancheros // fried eggs with black beans, potato, corn tortillas and roasted tomato salsa

# the side plate

big bowl of berries // a bright mix of seasonal favorites 2 smoked bacon, breakfast sausage links, or grilled ham 6 cup of low-fat yogurt // berries, fruit or plain 2 6 crispy hash brown potatoes 4 toasted bagel with philadelphia® cream cheese // low-fat or regular 5 one egg any way 4 two eggs any way 6 toast // white, wheat, rye, multigrain 3 gluten-free 4 assorted dry cereals // choose from a variety, including gluten free Rice Chex add your choice of banana or berries 2 the bakery basket // a buttery croissant, daily muffin, your choice of English 8 muffin, sourdough, wheat, rye or white toast with jam, honey and butter

#### beverages

juice // orange, grapefruit, apple, cranberry, or tomato 😧	3.50	
starbucks® coffee // espresso , cappuccino, latte	5	
freshly brewed regular or decaffeinated	3.50	
milk // non-fat 😥 2%, whole, chocolate or soy	3.50	
tazo® tea // choose from a selection of hot teas	3.50	

Chef // Chuong Ngo

Restaurant Manager / Miguel Talavera

**f** @ClayUrbanKitchen

Tag us on Instagram!

**B**@cukitchen

Indicates a well-balanced, nutrient-rich Color Your Plate™ item. Learn more about our nutrition partner, Core Performance, and Color Your Plate at sheraton.com/fitness

<sup>\*</sup>These Items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood shellfish, or eggs may increase your risk of foodborne illness. An 18% gratuity charge will be added to parties of 6 or more quests



